

3. A seat belt retractor comprising:
 - a rotatable spool for winding and unwinding a seat belt;
 - a pretensioner operably connected to the spool for rotating the spool to wind the seat belt;
 - wherein the pretensioner includes an opening for retaining the spool; and
 - wherein a bearing is positioned in the opening between the pretensioner and the spool.
4. The retractor of claim 3, wherein the bearing comprises a material having a greater hardness than the spool.
5. The retractor of claim 3, wherein the opening is formed in a plate of the pretensioner.
6. The retractor of claim 3, wherein the bearing comprises a collar.
7. The retractor of claim 3, wherein the spool includes a shaft that extends through the opening.
8. The retractor of claim 7, wherein the bearing is positioned between the shaft and the opening.